Speedy Sporty Beanie

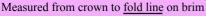An Auti-Craft Pattern

Materials
- Any Chunky yarn to get correct tension (I used 2 strands of 8ply/DK)
- Pair of 7mm needles

Gauge
13 stitches x 16 rows to 10cm square

Measurements
Small: Width 18.5" (47cm), Height 7" (17.5cm)
Medium: Width 20.5" (52cm), Height 8" (20cm)
Large: Width 22.5" (57cm), Height 8.5" (21.5cm)
X-Large: Width 22.5" (57cm), Height 10" (25cm)
Measured from crown to <u>fold line</u> on brim

Instructions - 2-colour

Ribbed band
Using colour 1:
Cast on 60 (66, 72, 72) stitches
Work 14 (16, 20, 20) rows of knit 3, purl 3 rib

Main body
Using colour 1: work 0 (2, 2, 6) rows stocking stitch (knit right side rows, purl wrong side rows)
Using colour 2: work 4 rows stocking stitch
Using colour 1: work 2 rows stocking stitch
Using colour 2: work 4 rows stocking stitch
Using colour 1: work 4 rows stocking stitch
Using colour 2: work 4 rows stocking stitch
Using colour 1: work 2 (2, 4) rows stocking stitch
[20 (22, 22, 28) rows total]

Shape crown
Size S only
Using colour 2:
Row 1: k3, k2tog * repeat to end of row
Row 2: purl
Row 3: k2, k2tog * repeat to end of row
Row 4: purl
Using colour 1
Row 5: k1, k2tog * repeat to end of row
Row 6: purl
Row 7: k2tog * repeat to end of row
Row 8: purl
Row 9: k2tog * repeat to end of row
Size M & L only
Using colour 2:
Row 1: k4, k2tog * repeat to end of row
Row 2: purl
Row 3: k3, k2tog * repeat to end of row
Row 4: purl
Using colour 1:
Row 5: k2, k2tog * repeat to end of row
Row 6: purl
Row 7: k1, k2tog * repeat to end of row
Row 8: purl
Row 9: k2tog * repeat to end of row
Row 10: purl
Row 11: k2tog * repeat to end of row

All sizes:
Cut yarn, leaving a long tail. Thread the yarn through the stitches on the needle, draw up tight and then sew up the back seam. Sew in all ends. Fold over band.

Autism Fact
Many autistic people have difficulty processing sensory information. Too much sensory input (hypersensitivity) can cause stress, anxiety and even physical pain. Low sensitivity (hyposensitivity) can also cause issues such as not recognising pain or temperature.

Autism: Awareness, Acceptance, Appreciation

Instructions - 1-colour

Ribbed band
Cast on 60 (66, 72, 72) stitches
Work 14 (16, ,20 20) rows of knit 3, purl 3 rib
Main body
Work 20 (22, 22, 28) rows stocking stitch (knit right side rows, purl wrong side rows)
Shape crown
Size S only
Row 1: k3, k2tog * repeat to end of row
Row 2: purl
Row 3: k2, k2tog * repeat to end of row
Row 4: purl
Using colour 1
Row 5: k1, k2tog * repeat to end of row
Row 6: purl
Row 7: k2tog * repeat to end of row
Row 8: purl
Row 9: k2tog * repeat to end of row
Size M, L & XL
Row 1: k4, k2tog * repeat to end of row
Row 2: purl
Row 3: k3, k2tog * repeat to end of row
Row 4: purl
Using colour 1:
Row 5: k2, k2tog * repeat to end of row
Row 6: purl
Row 7: k1, k2tog * repeat to end of row
Row 8: purl
Row 9: k2tog * repeat to end of row
Row 10: purl
Row 11: k2tog * repeat to end of row
All sizes:
Finish as per 2-colour beanie

Instructions - 3-colour

Main body
Using colour 1: work 0 (2, 2, 8) rows stocking stitch (knit right side rows, purl wrong side rows)
Using colour 2: work 2 rows stocking stitch
Using colour 3: work 4 rows stocking stitch
Using colour 1: work 6 rows stocking stitch
Using colour 3: work 4 rows stocking stitch
Using colour 2: work 2 rows stocking stitch
Using colour 1: work 0 (2, 4) rows stocking stitch
[20 (22, 22, 28) rows total]
Shape crown
Size S only
Using colour 1:
Row 1: knit 3, k2tog * repeat to end of row
Row 2: purl
Row 3: knit 2, k2tog * repeat to end of row
Row 4: purl
Row 5: knit 1, k2tog * repeat to end of row
Row 6: purl
Row 7: k2tog * repeat to end of row
Row 8: purl
Row 9: k2tog * repeat to end of row
Size M, L & XL
Using colour 1:
Row 1: knit 4, k2tog * repeat to end of row
Row 2: purl
Row 3: knit 3, k2tog * repeat to end of row
Row 4: purl
Row 5: knit 2, k2tog * repeat to end of row
Row 6: purl
Row 7: knit 1, k2tog * repeat to end of row
Row 8: purl
Row 9: k2tog * repeat to end of row
Row 10: purl
Row 11: k2tog * repeat to end of row
All sizes:
Finish as per 2-colour beanie

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